












# Weekly SCHEDULE

<b>MON</b>	Kids kickboxing Adult Muay Thai kickboxing	 6:30 pm to 7:30 pm  7:30 pm to 9:00 pm
<b>TUE</b>	Wrestling MMA Adult jiu-jitsu Gi	 5:30 pm to 6:30 pm  6:30 pm to 7:30 pm  7:30 pm to 8:30 pm
<b>WED</b>	Kids kickboxing Adult Muay Thai kickboxing	 6:30 pm to 7:30 pm  7:30 pm to 9:00 pm
<b>THU</b>	Wrestling MMA Adult jiu-jitsu Gi	 5:30 pm to 6:30 pm  6:30 pm to 7:30 pm  7:30 pm to 8:30 pm
<b>FRI</b>	Open Mat from 6 PM to 7 PM	
<b>SAT</b>	Kickboxing/Muay Thai Jeet Kune Do, Kali, Eskrima	 10:00 AM to 11:00 AM  11:00 AM to 12:00 PM
<b>SUN</b>	Closed	